



Ramadan Is An Opportunity For Reform and Change

Written by Dr. Abdel Moneim Sary - on: 17th of Sha'aban 1443 (19th March 2022)

Praise be to Allah, Lord of the Worlds, and prayers and peace be upon the most honorable messengers, our master Muhammad and all his family and companions.

The journey of reform and change begins with the soul, as Allah Almighty says {Indeed, Allah does not change the condition of a people until they change what is within themselves}. An individual may collapse before gluttony over food, or craving for sex, or foolishness from anger or indecency, or gossip of the tongue.

Fasting helps the individual to overcome this weakness in front of the whims of the soul, in which Allah said: “Verily, the self is inclined to evil, except when my Lord bestows His mercy (upon whom He wills).” Sufyan Al-Thawri said about this: I have not dealt with anything more severe than myself. Fasting gives each individual confidence in himself that he is fasting for Allah who is able to control his whims, not in abstaining from forbidden things such as eating or forbidden things such as, fornication, adultery, drunkenness, injustice and tyranny, but rather abstaining from what is lawful with the word of Allah Akbar “Allah is Great” at dawn, then it is permitted with the word of Allah Akbar “Allah is Great” at sunset at dusk. Few days, which is why our slogan for this blessed month will be {a few days}. For His saying :

{A few days}

